



SCHOOL LUNCH TIPS

To make sure your child gets the most nutritious lunch available make sure they choose both a fruit and a vegetable daily!



They are offered fruit, vegetable or both every day.

HEALTHY FOOD FROM OUR GARDEN

HARVEST OF THE MONTH & SCHOOL GROWN FOOD!

Stratton School has proudly taken the Harvest of the Month pledge, where we are offering a locally grown fruit or vegetable twice per month. In addition to our pledge we have offered our own vegetables grown on property once per week to every child during harvest season, green beans, cucumbers, tomatoes and peppers have all made it into the cafeteria so far this year!

YOU CAN HELP BY ENCOURAGING YOUR CHILD TO CHOOSE AND EAT BOTH!!

FOR MORE INFO EMAIL KRAY@STRATTONSCHOOL.ORG

Average Percentage of Food Served That is Thrown Away by Students

