



Basketball season is coming soon for grades 5-8. Be sure to get your sports physicals in to Nurse Trisha. When your child is at the doctor for their well child check, just ask for one to be sent to the school. Our fax # 246-6598. Sports physicals are required for any student participating in an extracurricular competitive school sport. In the absence of a subsequent injury, the physical is honored for 2 years unless the Physician states otherwise. After students sign up, a notice will be sent home if they do not have an active sports physical on file. Plan ahead and check if your child has one and when it expires by contacting [tlebeda@strattonschool.org](mailto:tlebeda@strattonschool.org)

Proof of insurance and signed concussion agreements are also required to participate in extracurricular competitive sports. If you have listed insurance on your annual health update, it will be accepted as proof. If you do not have health insurance, Maine School Management Association sponsors affordable plans. Look up MSMA accident insurance to see your options.

Students joining a cheerleading club, announcement coming soon, will not be required to have a sports physical but will need a signed concussion agreement and proof of insurance.