



NEWS ABOUT COVID-19

As we begin the 2022-2023 school year, we will follow the U.S. CDC guidance as directed by Maine CDC and Maine DOE. Here are the highlights about how we will manage Covid-19 at school.

- Currently, routine weekly testing is not recommended in the school setting. There will be no pooled testing as there was last year.
- Individuals who have symptoms of respiratory or gastrointestinal infections should stay home. Testing is recommended for anyone having symptoms of COVID-19 as soon as symptoms begin.
- Home test kits are widely available and should be utilized. Rapid antigen testing is available at school for those who develop symptoms while at school.
- Positive individuals must isolate for 5 days and then wear a well-fitting mask for 5 days. The day the symptoms start or the positive test date, whichever is first, is day “0”.
- A negative test is not required to return to school after 5 days of isolation as long as the individual meets criteria. (no fever, vomiting, or diarrhea for 24 hours and improved symptoms.)
- Close contacts may continue to attend school wearing a well-fitting mask for 10 days after the contact.
- Close contacts should test as soon as symptoms develop or day 6 regardless.

Nursing hours will be Mon-Fri from 830-1230. Please communicate any Covid-19 testing and close contact information to tlededa@strattonschool.org or 246-2283. As always, do not hesitate to reach out with any questions or concerns.