Eustis School Department Stratton School 65 School St., Stratton, ME 04982

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November 4, 2021

Dear Parents:

As we roll into November and the leaves have fallen, it becomes obvious change is in the air. Soon snow will be on the ground for plowing, skiing, snowmen and women, and many other activities we are either blessed with or cursed for. I say bring it on, and enjoy all the fall and winter has in store for us.

Here at Stratton School, we have been working really hard to keep us safe and healthy, and physically in school. It has been challenging as students continue to exercise their desire for free play time. In the classroom, we have noticed hyperactive behavior, the inability to focus, and emotion regulation difficulties.

With our continued in-school routines and expectations for learning, we are confident many of these behaviors will dissipate over time, but we need your assistance. You can help by limiting technology use and screen time, assuring your child gets adequate sleep, and most importantly, engage in meaningful conversations with your child about daily activities however large or small.

Parent conferences are coming up so be sure to share your thoughts and to ask any questions that continues to support good teaching and learning.

Despite all the challenges the last eighteen months have provided, things are going well. Thank you for your continued support..

Sincerely,

Barry Q. London

Superintendent and Principal