

Flagstaff RSU/Eustis School Department
Stratton School

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Michael P. Shea
Superintendent

Barry O. London
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May 13, 2021

Dear Students and Families:

This letter is to inform you that an individual associated with a recent ball game here at Stratton School tested positive for Coronavirus Disease 2019 (COVID-19). Anyone that has been identified as a close contact has already been notified and we are following CDC guidelines. Fortunately, this has not affected any students but we are informing you so that we remain transparent with any COVID-19 related information.

Please remember to self-screen for any situations that could put other people at risk. Do not come to school, games, or other school related activities if you have been diagnosed with COVID-19, have been identified as a known contact and are not fully vaccinated, or have symptoms that are consistent with COVID-19 and have not tested negative since the onset of those symptoms.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty
- Fatigue
- Muscle or body aches
- Headache
- New loss of smell or taste
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Maine CDC recommends prevention measures to prevent the spread of COVID-19. These measures include social distancing, face coverings when inside public places and outside when unable to maintain distance. Proper handwashing with soap and warm water, which is especially important after using the bathroom, before eating, and after blowing your nose, coughing, or sneezing. When soap and water is not available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands and avoid close contact with people who are sick. Cover your cough or sneeze into a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Sincerely,



Trisha Lebeda R.N.



Come grow with us!