Flagstaff RSU/Eustis School Department Stratton School 65 School St., Stratton, ME 04982

Phone: (207) 246-2283 Fax: (207) 246-6598

Michael P. Shea Superintendent Barry O. London Principal / Asst. Superintendent

December 4, 2020

Dear Staff, Students, and Families:

This letter is to inform you that an individual associated with Stratton School recently tested positive for Coronavirus Disease 2019 (COVID-19). This individual did not have contact with any staff or students during their infectious period. Although there was no contact with anyone in the school, we have chosen to share this information to develop and maintain trust and transparency within our school community.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty
- Fatigue
- Muscle or body aches
- Headache
- New loss of smell or taste
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please keep in mind that many things can cause respiratory illness, so students and staff should be up-to-date on influenza and routine vaccinations.

A representative from Maine CDC or Stratton School will contact you directly if you are ever identified as a close contact of someone who tested positive. Close contacts will be asked to quarantine for 14 days from last exposure to the positive individual. A negative test result does not get an individual out of quarantine.

Please remain diligent with mitigation strategies that include daily screening, limiting non-household contacts, physical distancing, facial coverings, hand hygiene and staying home when you are having symptoms of illness

If you have any questions, please don't hesitate to contact Mr. London or myself.

Sincerely,

Trisha Lebeda, R.N.

Trislandbedon RN



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